

RECREATION PROGRAM CHECKLIST

Institution: ALABAMA STATE UNIVERSITY

General Studies: 53 Semester Hours

Shall include courses and/or experiences in the humanities, social science, mathematics, and science.

Humanities: 15 Semester Hours

ENG 131-132 English Composition	OR	6
ENG 140-141 Honors English		
ENG 209 OR 210 Introduction To Literature		3
ART 131 Art Appreciation	OR	3
MUS 121 Music Appreciation	OR	
THE 111 Introduction To Theatre Arts		
HUM 103 Humanities Through the African-American Experience		3

Social Science: 12 Semester Hours

HIS 131-132 World History	6
PSY 251 General Psychology	3
GEO 206 World Geography	3

Science: 8 Semester Hours

Shall include four courses for Early Childhood and Elementary Education programs.

BIO 127 General Biology & Lab	4
BIO 128 General Biology & Lab	4
OR	
CHE 141 General College Chemistry I and Lab	4
CHE 142 General College Chemistry II and Lab	4

Mathematics: 3 Semester Hours

Shall include three courses for Early Childhood and Elementary Education programs.

CHOOSE ONE MATH COURSE:	3
MAT 136 Finite Math	
MAT 137 Pre-Calculus Algebra	
MAT 165 Pre-Calculus Trig	

Other: 15 Semester Hours

HEA 100 Personal Health	2
ORI 100 Orientation	1
CMS 200 Voice & Diction	3
CMS 205 Public Speaking	
ENG 218 Intermediate Composition I	3
ENG 303 Advanced Grammar	
CIS 205 Introduction to Computer Information Systems	3
CIS 210 Introduction to Computer Science	
SOC 110 Introduction to Sociology	3

Professional Recreational Therapy: 14 Semester Hours

REC 300 Professional Foundations of Recreational Therapy	3
REC 301 Program Design and Techniques in Recreational Therapy	3
REC 303 Clinical Practicum in Recreational Therapy I	1
REC 304 Clinical Practicum in Recreational Therapy II	1
REC 401 Clinical Issues and Trends in Recreational Therapy	3
REC 448 Implications of Disabling Conditions for Recreational Therapy	3

Professional Recreation: 12 Semester Hours

REC 336 Program Planning for Leisure	3
REC 345 Introduction to Recreation and Leisure	3
REC 347 Group Leadership/Recreation Leadership	3
REC 447 Management of Recreational Therapy Services	3

Clinical Practice: 12 Semester Hours

REC 452 Clinical Field Placement in Recreational Therapy	12
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Supportive Courses: 32 Semester Hours

Psychology: 6 Semester Hours

PSY 353 Abnormal Psychology	3
PSY 360 Developmental Psychology	3

Exercise Science, Biological Science and Related Physical Education: 13 Semester Hours

PED 200 Physical Fitness and Wellness	3
PED 250 Applied Anatomy and Physiology	4
BIO 319 Human Anatomy	
PED 253 First Aid, CPR and Care of Athletic Injuries	3
PED 351 Kinesiology	3

**** If the student chooses to take BIO 319, the student must also take BIO 320.**

Human Services/Health: 9 Semester Hours

The remaining 9 hours of elective supportive courses may be taken from the approved Additional Supportive Coursework sheet (see attachment).

PED Activities: 4 Semester Hours*

***At least 1 hour of this block of 100 level PED courses must be PED 121, Swimming for Non-Swimmers or a higher level swimming course.**

Dean of Education: *Katie R. Bell*
 Date: *June 11, 2008*

RECREATION PROGRAM: RECREATIONAL THERAPY OPTION

All students expecting to complete the recreational therapy program must have a 2.5 GPA prior to placement in the Clinical Field Placement. No additional courses may be taken during Clinical Field Placement. Each student must file a formal application. The application may be obtained from your advisor.

SPECIFIC MINIMUM REQUIREMENTS FOR CLINICAL FIELD PLACEMENT:

- _____ Earn a cumulative grade point average of 2.5 or above
- _____ Obtain legal liability insurance
- _____ Complete application for Clinical Field Placement

GRADUATION REQUIREMENTS:

- _____ 2.5 cumulative grade point average
- _____ Complete a minimum of 127 semester hours
- _____ Earn a grade of C or above in all course work
- _____ File application for graduation (Office of Records and Registration)

Pass the following examinations:

- _____ COE Exit Examination
Date passed _____

The Exit Exam is required of all students completing requirements for the Recreation Degree. The exam includes a professional portfolio and grade of C or above in the Clinical Field Placement.

ADDITIONAL SUPPORTIVE COURSE WORK

The remaining 9 hours of supportive coursework are to be completed in the following areas. Consideration of courses in areas not listed below should be reviewed by the advisor before the student enrolls in the course.

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|--------------------------------|----------------------|
| 1. Human Services | 4. Psychology |
| 2. Adapted Physical Education | 5. Sociology |
| 3. Related Biological Sciences | 6. Special Education |

For specific examples of acceptable courses, both content and supportive, see advisor **AND** the most recent version of the NCTRC Certification Standards (nctrc.org).