

RECREATION PROGRAM CHECKLIST

Institution: ALABAMA STATE UNIVERSITY

Date Approved:
Date Expires:
Revisions:

General Studies: 50 Semester Hours

Shall include courses and/or experiences in the humanities, social science, mathematics, and science.

Humanities: 15 Semester Hours

- ENG 131-132 English Composition OR 6
- ENG 140-141 Honors English 6
- ENG 209 OR 210 Introduction To Literature 3
- ART 131 Art Appreciation OR 3
- MUS 121 Music Appreciation OR 3
- THE 111 Introduction To Theatre Arts 3
- HUM 103 Humanities Through the African-American Experience 3

Social Science: 12 Semester Hours

- HIS 131-132 World History 6
- PSY 251 General Psychology 3
- GEO 206 World Geography 3

Science: 8 Semester Hours

Shall include four courses for Early Childhood and Elementary Education programs.

- BJO 127 General Biology & Lab OR 4
- CHE 141 General College Chemistry I 4
- BJO 128 General Biology & Lab 4

Mathematics: 3 Semester Hours

Shall include three courses for Early Childhood and Elementary Education programs.

- CHOOSE ONE MATH COURSE:** 3
- MAT 137 College Algebra OR 3
 - MAT 165 Pre-Calculus OR 3
 - MAT 200 Finite Math OR 3
 - MAT 205 Calculus 3

Other: 12 Semester Hours

- HEA 100 Personal Health 2
- ORI 100 Orientation 1
- SPE 200 Voice & Diction OR 2
- SPE 205 Public Speaking 2
- ENG 218 Intermediate Composition I OR 3
- ENG 303 Advanced Grammar 3
- CIS 205 Introduction to Computer Information Systems OR 3
- CIS 210 Introduction to Computer Science 3

Professional Studies: 34 Semester Hours

- REC 300 Professional Foundations of Recreational Therapy 3
- REC 301 Program Design and Techniques in Recreational Therapy 3
- REC 303 Clinical Practicum in Recreational Therapy I 3
- REC 304 Clinical Practicum in Recreational Therapy II 3
- REC 401 Clinical Issues and Trends in Recreational Therapy 3
- REC 448 Recreational Therapy for Selected Populations 3

Professional Recreation: 12 Semester Hours

- REC 336 Program Planning for Leisure 3
- REC 345 Introduction to Recreation and Leisure 1
- REC 347 Group Leadership/Recreation Leadership 1
- REC 447 Management of Leisure Services 1

Clinical Practice: 10 Semester Hours

- REC 452 Clinical Field Placement in Recreational Therapy 3

Supportive Courses: 36 Semester Hours

Psychology: 6 Semester Hours

- PSY 353 Abnormal Psychology 3
- PSY 360 Developmental Psychology 3

Exercise Science, Biological Science and Related Physical Education: 13 Semester Hours

- PED 200 Physical Fitness and Wellness 3
- PED 250 Applied Anatomy and Physiology OR 4
- BJO 221 Human Anatomy and Physiology 4
- PED 253 First Aid, CPR and Care of Athletic Injuries 3
- PED 351 Kinesiology 3

Human Services/Health: 17 Semester Hours

The remaining 13 hours of elective supportive courses may be taken from the approved Additional Supportive Coursework sheet (see attachment).

PED Activities: 4 Semester Hours*

*At least 1 hour of this block of 100 level PED courses must be PED 121, Swimming for Non-Swimmers or a higher level swim course.

Dean of Education: Alma S. Freeman
Date: March 11, 2004

